## Jawaharlal New Delhi Stadium, New Delhi

Hockey NCOE's Open Selection Trails - All Venues

| S.NO | Name of the NCOE | Allocated for | Date of Selection Trials (3 Days) |
| :---: | :---: | :---: | :---: |
| 1 | NCOE KOLKATA | WOMEN | $7^{\text {th }}$ to $9^{\text {th }}$ March 2022 |
| 2 | NCOE SONIPAT | MEN | $15^{\text {th }}$ to $17^{\text {th }}$ March 2022 |
| 3 | NCOE MUMBAI | WOMEN | $11^{\text {th }}$ to $13^{\text {th }}$ March 2022 |
| 4 | NCOE PATIALA | WOMEN | $3^{\text {rd }}$ to $5^{\text {th }}$ March 2022 |
| 5 | NCOE LUCKNOW | $\begin{gathered} \text { MEN } \\ \& \text { WOMEN } \end{gathered}$ | $\begin{aligned} & 3^{\text {rd }} \text { to } 5^{\text {th }} \text { March } 2022 \text { - Girls } \\ & \& \\ & 7^{\text {th }} \text { to } 9^{\text {th }} \text { March } 2022 \text { - Boys } \end{aligned}$ |
| 6 | NCOE AURANGABAD | MEN | $2^{\text {nd }}$ to $4^{\text {th }}$ March 2022 |
| 7 | NCOE IMPHAL | $\begin{gathered} \text { MEN } \\ \text { \&WOMEN } \end{gathered}$ | $\begin{gathered} 7^{\text {th }} \text { to } 9^{\text {th }} \text { March } 2022-\text { Girls } \\ 10^{\text {th }} \text { to } 12^{\text {th }} \text { March } 2022-\text { Boys } \end{gathered}$ |

## Document Required

## NCOE Selection criteria

| S.NO. | Document to be produced at the time of selection trials. <br> (In original and self - attested photo copies |
| :---: | :--- |
| $\mathbf{1 .}$ | Educational Qualification Certificates |
| $\mathbf{2 .}$ | Copy of passport (if applicable) |
| $\mathbf{3 .}$ | Aadhar Card |
| $\mathbf{4 .}$ | Date of Birth Certificate |
| $\mathbf{5 .}$ | Voter ID |
| $\mathbf{6 .}$ | Sports achievement Certificate |
| $\mathbf{7 .}$ | Passport size photograph (x4) |


| Age Criteria | Sports Performance Criteria |
| :--- | :--- |
| Between 14 to 24 Years | - Represented India in recognized hockey competition |
| As on 01/01/2022 | - Medal in Hockey India National Championship |
|  | - Participation in Hockey India National Championship |
|  | - Participation in School Nationals |
|  | - Participation in Khelo India Youth \& University games |
| - | - All India and Inter University Competitions |

## Notifications

| 1. | Khelo India Website |
| :--- | :--- |
| 2. | Hockey India Website |
| 3. | SAI Website |
| 4. | State hockey associations |
| 5. | Local Media |

## Testing Schedule

| Day -1 |
| :--- |
| Registration of athletes, (Only who met the Entry Criteria) Verification of All documents <br> Application Form filling <br> Submission of Application form along with all required documents |
| Fitness tests |
| VO2 Max |
| Day -2 |
| Skill Test and Competitive Match |
| Day - 3 |
| Skill Test and Competitive Match |


| S.No. | Tests |
| :---: | :--- |
| Fitness Tests |  |
| 1. | 10 Meter and 40 Meter sprint speed test |
| 2. | Yo-Yo Test |
| 3. | T Test for Goal Keepers |
| $\quad$ Skill Testing |  |
| 1. | Passing over short and long distances |
| 2. | Receiving over short and long distances |
| 3. | Tackling and channelling |
| 4. | Overhead pass and receive |
| $\quad$ Goal keeper skill test |  |
| 1. | Semi - Circular movements for covering the angle of Goal Post |
| 2. | Kicking the ball for accuracy |
| 3. | Jump and reach |
| 4. | Approaching and blocking |
| Athletes will be involved in competitive matches and be assessed on |  |
| 1. | Positioning |
| 2. | Skill execution |
| 3. | Decision making |
| 4. | Versatility |
| 5. | Active involvement |


| Facilities to be provided in NCOE's |  |  |
| :--- | :--- | :--- |
| Boarding | As per actual <br> recommended by <br> Nutrition Expert @ <br> Rs. 1,20,000/year | Additional Facilities |
| Lodging | Rs. 10,000/ | World class Coaching by Expert Panel of <br> Coaches |
| Sports Kit | Rs. 20.000/ |  <br> Equipment's |
| Competition <br> Exposure | Rs. $50,000 /$ | Individually Planned Nutrition |
| Educational <br> Expenditure | Rs. $10,000 /$ | Latest Scientific support by Exercise <br> Physiologist, Strength and Conditioning <br> Experts, Physiotherapist, Masseurs |
| Miscellaneous | Rs. $5000 /$ | Free Medical Facilities, Insurance Cover <br> etc. |

Players will be ranked according to their fitness, skills and match playing abilities using fair and objective criteria.

Note: In addition to the mentioned performance criteria, it may be noted that, above criteria is for appearing in Selection Trials Only. The final selection will be made on the basis of Overall Merit, Availability of Seats and Age Verification Tests as per SAI guidelines. Highest ranked players will be offered the opportunity to join one of the NCOE.

## Application Form

| Sports/Discipline: HOCKEY | Playing Position: |
| :--- | :--- |
| Name of the Athlete: | State: |
| Father's Name: | Mother's Name: |
| Date of Birth: | Contact No.: |
| Current Enrolled Academy: | Gender: |
| Height: | Weight: |
| Sports Achievements (may attach as annexure): |  |
|  |  |
| Identification Mark: | Blood Group: |
| Email Address: |  |
| Residential Address: |  |
|  |  |
| Aadhaar Card Number: |  |
| Passport Number: | PaN Number: |


| Bank Details: |  |
| :--- | :--- |
| Account Number |  |
| Account Holder's Name |  |
| IFSC |  |
| Bank Name |  |
| Bank Address |  |
| Medium of Instruction |  |
| School/College Name |  |
| Class/Course |  |
| School/College Address |  |
| School/College Contact No. |  |
| Medical History: |  |

## Date:

Place:

Signature of Athlete

